

ASIAN MENTAL HEALTH WORKSHOP

Working with Persons in Crisis
Hosted by Hong Fook Mental Health Association

Friday, March 21, 2025

9 a.m. to 3 p.m.



Address

Community Safety Village
Bruce's Mill Conservation Area
3291 Stouffville Rd, Stouffville

Event details

Registration: 8:30 to 9 a.m.

Workshop: 9 a.m. to 3 p.m.

This workshop is designed to equip participants with the knowledge and skills necessary to provide culturally sensitive support to Asian individuals facing mental health challenges or crises.

Topics include:

- Understanding common mental health disorders and challenging situations
- Developing strategies for offering culturally competent care for Asian Communities
- Recognizing signs of mental health issues prevalent in the Asian community, including the effects of historical trauma, racism and culturally specific stressors

Questions? Email Constable Ava Griffith at 2683@yrp.ca.

Register Online: yrp.ca/AsianMentalHealth

