



## **Defensive Tactics Seminar**

**Hosted by London Police Service – Practical Skills Unit (Use of Force Training Team)**

The London Police Service Practical Skills Unit Use of Force Training Team is excited to host this hands-on, high-intensity training session open to defensive tactics trainers and officers from police services across Ontario.

This free session is designed to foster collaboration, skill-sharing, and the development of a stronger provincial Defensive Tactics / Officer Safety community. By bringing trainers together, we aim to set a positive precedent—if successful, we hope to inspire other services to host similar events and expand high-quality, practical training opportunities province-wide.

**Date:** Monday, June 8, 2026

**Time:** 0800–1100 hrs (3 hours)

**Location:** London, Ontario

**Cost:** Free

### **Session Overview and Focus**

The morning session will deliver dynamic, challenging, and progressive training emphasizing:

- Wrestling and Grappling
- Striking
- Weapon Retention
- Multiple officer apprehensions
- Weapons based entanglements
- Wrestling against barriers

Training will begin with individual techniques and core principles, gradually increasing in intensity and complexity. As the session progresses, participants will integrate multiple techniques and disciplines through realistic, high-paced applications and scenarios to push physical skills and adaptability under pressure.

## **Transportation**

A ride to and from the conference hotel will be provided for participants. Specific pickup/drop-off details and timing will be confirmed upon registration.

## **Equipment Requirements**

Participants must bring:

- Shin Guards
- Boxing Gloves
- MMA Gloves
- Empty duty belt
- No boots on the mats

Limited spare equipment is available for loan on a first-come, first-served basis. We strongly encourage bringing your own for proper fit and hygiene. If needed, the hosting team can provide links to recommended purchasing options.

## **Registration Details**

Due to limited space and resources, initial sign-up is capped at two (2) spots per police service/agency. Additional spots may be allocated upon request, based on availability—please inquire early. Previous experience in combat sports and police defensive tactics will be an asset.

We look forward to training alongside you, building stronger networks, and enhancing officer safety through shared expertise and practical experience.