



**Building a Stronger Trainer Network:
Supporting Recruit Readiness and Resilience in Modern Day Policing**



2-Day Trainer Conference

June 8th-9th, 2026

- June 8th 11am - 4:30pm
- June 9th 8am - 3:30pm



Topics of Interest

- 3 hour Defensive Tactics Seminar with London Police Practical Skills Team
- Stressors in Training the Modern Day Recruit
- Facilitated Session “Headline & Help Line” and OPC Speaker Panel
- Building a Culture of Fitness and Wellness in Policing with Peel Regional Police
- Meaningful Use of Technology in Police Training

JOIN US FOR AN INSPIRING AND COLLABORATIVE EVENT!

WHAT TO EXPECT:

- Vendors Trade Show
- Expert Speakers
- Collaborative Discussions and Networking
- Strategies for Developing the Next Generation of Officers
- Tools to Enhance Training Techniques and Impact

WHO SHOULD ATTEND:

- Police Leaders
- Police Professionals and sworn members assigned to practical skills and academic teaching responsibilities
- Section leaders who oversee their respective training units within their service



KEYNOTE SPEAKER:

DR. JENNIFER PROHASKA

Stressors in Training the Modern Day Recruit: Today’s recruits face new challenges including lower resilience, reduced distress tolerance, and less experience in high pressure team environments. This keynote examines what is driving these gaps and provides practical, field tested strategies to prepare, coach, and develop durable officers who can perform under operational stress.



REGISTER HERE:

yrp.ca/OPT2026Conference

Don’t miss out on this opportunity to grow, collaborate, and lead the change in law enforcement training! Registration closes May 11th.

HOTELS

- DoubleTree by Hilton Hotel London
300 King St, London, ON
<https://tinyurl.com/395bskdf>
- Delta Hotels London Armouries
325 Dundas St, London, ON
<https://tinyurl.com/shtus327>

REGISTRATION FEE

Early Bird (May 1st)	\$450
Regular	\$500

VENUE

RBC Place London
300 York Street
London, ON N6B 1P8

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